

Experience Learning  
COURSE PROSPECTUS

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**AC**Education



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# Introduction

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In the last 10 years thousands of learners in the UK and overseas have used AC Education online courses and qualifications to develop reflective practice in their work with vulnerable children. Feedback has shown that this learning develops practice and improves outcomes for children and young people.

Our organisation aspires to ensure that our training balances an understanding of the challenges faced by carers and practitioners throughout the children's workforce with a consistent and reliable standard of learning. The AC Education Short Course Programme offers the most comprehensive and secure online learning environment for the children's workforce in the UK.

Managing this training is easy. The training administrator allocates places and learners are granted immediate access to the course. The learner can access the training via any computer or mobile device at a time that suits them. There is a full audit trail, so you can follow the progress of each learner on each course, as well as maintaining an overview of the whole programme.

Learners also find the programme easy to use. The courses are mapped to a range of relevant standards and end with a multi-choice quiz. They have online access to a workbook, a development log and a completion certificate to contribute to a portfolio if desired. At the end of each course we ask learners to give us feedback so that we can continue to develop the program.

**We are delighted to be able to report that 97% of our learners would recommend our courses to other users.**

All these benefits can be achieved without the need for time out from the workplace, travel expenses or staff cover costs.

Our training consultants will support you to make best use of the programme and they will also be available throughout your licence period to make sure it continues to work for you.

“**At Kids Company our staff, volunteers and students use AC Education courses to learn essential information about Child Protection and Safeguarding. This valuable training is extremely useful and helps us prepare for the vital work we do with vulnerable children and young people, ensuring that we can provide the best care possible in every situation.**”  
Training co-ordinator, Kids Company

“

**I found it enjoyable to be able to complete the course at my own pace and still be on hand for the children.**

Learner on Child Protection Awareness

**This has been really relevant for me. It has given me access to all the information/ support material that I need to best help the child in my care.**

Learner on Self-Harming Behaviours

**Thoroughly enjoyed this course, it was a great introduction to our journey as a potential foster family. It gave us relevant factual information as well as highlighting things that we might not have thought of ourselves.**

Social worker, Derbyshire

**Wow! I think everyone working with children should do this course, it was really good and so helpful to me now, and will also help in the future, the activities and puzzles are really good training material and very useful.**

Foster carer, Hertfordshire

**I have really enjoyed this way of self development and improving my knowledge and skills in relation to my job as a foster carer. I was apprehensive to begin as I am not skilled with the computer but have found it very easy to use.**

Foster carer, Stirling

**Excellent well laid out clear and straight forward**

Foster carer June'15

**I enjoy the format you use, I find it very accessible.**

Foster carer May'15

**97% of our users would recommend the training to others**

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# 01 Core Knowledge & Values

Everyone in the children's workforce must be able to meet national and local standards in working with children and young people and their families. To do so they need training that will inform and challenge, training that will provide opportunities for and provoke reflection and development. These courses are designed to meet these universal training needs enabling learners to address a range of relevant standards. As induction courses they provide a great introduction to the work, and for more experienced workers they provide refresher courses or a point of entry to a new aspect of work with children and young people.



# 01 Core Knowledge & Values

## Attachment and Loss

Everyone in the children's workforce needs to understand attachment and the traumatic impact of abuse, separation and loss. This course enables learners to gain this necessary knowledge, and also describes appropriate interventions to assist children and young people to recover. It emphasises the importance of teamwork in dealing with childhood trauma

### Learning Outcomes

- Understand the attachment process
- Know how to promote positive attachment relationships
- Know about the impact of trauma, separation and loss on child development
- Understand how intervention can help children and young people who have been traumatised by early life experiences

### Essential for

Whole workforce

**Learning Hours 20**

## Children's Rights

Children's rights are central to the values that underpin work with children and young people and their families. This course will enable learners to understand key facts about children's rights, to relate these to the principles and values underpinning their own work with children and young people, and to understand how children's rights are protected in practice.

### Learning Outcomes

- Know about the laws and conventions protecting human rights and the rights of children
- Show awareness of the principles and values essential for working with children, young people and their families
- Know how the rights of children are protected in practice

### Essential for

Whole workforce

**Learning Hours 10**

# 01 Core Knowledge & Values

## Communicating with Children and Young People

Everyone in the children's workforce needs to be able to communicate effectively with children and young people. This course enables learners to understand how general principles of effective communication can be applied specifically to work with children and young people. It also addresses record keeping and confidentiality in the context of communicating with children

### Learning Outcomes

- Understand how to communicate effectively with children
- Know about key principles in recording communication with children

**Essential for**  
Whole workforce

**Learning Hours 20**

## Equality and Diversity

Issues of equality and diversity are central to the values that underpin work with children and young people and their families. This course enables learners to understand how these issues affect every aspect of professional life, how to challenge prejudice and discrimination effectively and how to promote empowerment.

### Learning Outcomes

- Understand issues in equality and diversity
- Understand the different types of prejudice and discrimination that can affect children and young people
- Know how issues of equality and diversity are addressed professionally

**Essential for**  
Whole workforce

**Learning Hours 10**

# 01 Core Knowledge & Values

## Facilitation Skills

There are a variety of ways to define the role of a facilitator. It is usually a single person helping a group of people to agree a common objective or purpose and in a neutral and supportive manner to assist the group in meeting its objective/purpose

### Learning Outcomes

- Understand the role of the facilitator.
- Possess the skills of a good facilitator and be confident in acting as one.

**Essential for**  
Whole workforce

**Learning Hours 20**

## Family Centred Working

Family centred working is where all practitioners supporting a family, or individuals within it, are working together effectively to meet needs and improve lives. For the people who rely on these support services, that network is essential to their safety and well-being. This course will show the learner how to play a part in effective family-centred working.

### Learning Outcomes

- Understand the importance of effective family centred working
- How to communicate effectively within a family centred working environment
- Understand the systems and processes for joint working around the family

**Essential for**  
Whole workforce

**Learning Hours 10**

# 01 Core Knowledge & Values

## Keeping and Sharing Information

Everyone who works with children and young people must know how to keep and share information. This course enables learners to understand the principles that underpin good record keeping, and how to apply rules of confidentiality within their own work.

### Learning Outcomes

- Know about record keeping and record maintenance
- Know how to record and keep records

**Essential for**  
Whole workforce

**Learning Hours 10**

## Kinship Care

Children who need looking after often benefit from kinship care. However, there are special challenges in looking after related children. This course gives kinship carers and those who support them a way to understand those challenges, and provides practical guidance on managing the difficult feelings and behaviour that often go with kinship care.

### Learning Outcomes

- Understand key issues in looking after children related to them
- Know how to help children in kinship care to recover from trauma
- Understand the need to care for those who care for the children

**Useful for**  
Social workers

**Essential for**  
Kinship carers, support workers

**Learning Hours 10**

# 01 Core Knowledge & Values

## Men in Children Services

Research shows that children and young people need to have positive male role models in their lives for healthy social, emotional and behavioural development. Yet being a man who works with children is challenging. This course explores the challenges and promotes gender competence throughout the workforce.

### Learning Outcomes

- Understand the importance of gender competence in all work with children and young people
- Understand the gender related needs of a young person who has a distorted narrative about gender
- Understand the concept of involved fathering and the importance of men in the children's workforce.

**Useful for**  
Whole workforce

**Learning Hours 10**

## Multi Agency Working

Members of the children's workforce must be able to communicate effectively with a wide variety of colleagues. This course enables learners to understand issues in creating and maintaining good communication, how to overcome barriers and build positive relationships, and how to give and receive feedback appropriately.

### Learning Outcomes

- Understand the importance of effective multi-agency working
- Understand the importance of effective communication in multi-agency working
- Be aware of skills needed to promote effective communication between agencies

**Essential for**  
Teachers, teaching assistants, social workers, foster carers, residential workers, early years practitioners.

**Learning Hours 10**

# 01 Core Knowledge & Values

## Online Safely and the Impact of Social Media

The internet is an ever increasing and developing part of all our lives, personally, professionally, within families and most of all for young people for whom the internet is rapidly becoming an essential tool for learning, communication, self-expression and the forming of personal identity and peer groups. It is therefore necessary for parents, teachers, others involved with children and young people, peers, as well as the state, to educate on the risks and responsibilities of using the internet.

### Learning Outcomes

- Understand the rise of digital media and social networking
- Understand the risks involved: online sex abuse, pornography, 'sexting', 'grooming', cyber-bullying and addiction
- Know the guidelines for responsible internet use
- Understand the digital trends and behaviour amongst young people and their possible psychological consequences

**Essential for**  
Whole workforce

**Learning Hours 10**

## Promoting Health and Development

Promoting health and development is a high priority for everyone who works with children and young people. This course enables learners to understand how they can help children and young people to be healthy and to stay healthy.

### Learning Outcomes

- Understand legislation, policies and procedures
- Know how to provide a safe, healthy and stimulating environment
- Know about healthy care

**Useful for**  
Whole workforce

**Essential for**  
Teachers, teaching assistants, social workers, foster carers, residential workers, early years practitioners

**Learning Hours 10**

# 01 Core Knowledge & Values

## Reflective Practice

This course establishes the importance of reflective practice and professional development for everyone in the children's workforce. It enables learners to understand how adults learn, to consider their own learning style, to recognise the importance of both reflective and guided learning, and to practice using a model for professional reflection.

### Learning Outcomes

- Understand the need for reflective practice and professional development
- Know about adult learning
- Know how to promote reflective practice and professional development

**Useful for**  
Whole workforce

**Learning Hours 10**

## Risk Management and Safer Working

There are risks associated with working with vulnerable children and young people. The children are, by definition vulnerable and therefore at risk, but there are also risks to others including staff, carers, and other children. This course enables learners to understand the nature of risk and to develop knowledge and confidence to assess and manage the risks that are an inevitable part of their work.

### Learning Outcomes

- Be aware of the need for safer working and how it is provided
- Be aware of issues in assessing and managing risk when working with children and young people

**Essential for**  
Whole workforce

**Learning Hours 10**

# 01 Core Knowledge & Values

## Secondary Trauma and Workplace Stress

Working with troubled children is stressful. This course explains why this stress arises specifically out of working with childhood trauma. It enables learners to identify their own personal resources to reduce vulnerability and promote resilience, and to understand how to create strong networks to maintain the wellbeing of everyone in the workforce.

### Learning Outcomes

- Understand secondary traumatic stress
- Understand strategies for preventing and treating secondary traumatic stress disorders

### Useful for

Whole workforce

**Learning Hours 10**

## Understanding Child Development

Every member of the children's workforce must have an understanding of child development in order to promote healthy development and recognise signs that a child or young person is not thriving or may need protecting from harm. This course provides that understanding and enables learners to relate this to their role in working with children and young people.

### Learning Outcomes

- Know how to observe and record children's development
- Know milestones in child development
- Know about indicators of developmental delay and impairment are for those who care for the children

### Essential for

Whole workforce

**Learning Hours 10**

# 01 Core Knowledge & Values

## Working as Part of a Team

Vulnerable children and young people need the adults around them to work effectively together. This course enables learners to understand the importance of working as part of a team and to develop knowledge and skills to play their part in team development.

### Learning Outcomes

- Understand key issues in working as part of a team
- Understand how a shared purpose supports the management of change and team development
- Know about techniques used for successful team development

### Useful for

Whole workforce

### Essential for

Teachers, teaching assistants, social workers, foster carers, residential workers, early years practitioners

**Learning Hours 10**

## Young Carers

Children and young people under 18 who have caring responsibilities are often referred to as 'young carers.' In some cases young carers can go unnoticed and because of this they don't get the support and advice needed for them to enjoy their childhood. Their lives can sometimes be restricted by caring for a person who is ill, has a disability or mental illness or misuses a substance.

### Learning Outcomes

- Identify who are young carers?
- Understand the roles/responsibilities that face young carers
- Be aware of the legislation affecting young carers and their rights, and the roles/responsibilities that face young carers
- Recognise the impact on their social, physical and emotional development
- Explore what support is available for young carers and their families

### Essential for

Whole workforce

**Learning Hours 10**



# 02 Safeguarding & Child Protection Skills

These courses are suitable for any member of your workforce that comes into contact with children, young people and their families. These courses raise awareness of key issues surrounding the need to identify abuse, protect children and young people and support those who care for them. Both courses are also available with Scottish legislation.



# 02 Safeguarding & Child Protection Skills

## Child Protection Awareness

Everyone working in a role that brings them into contact with children and young people needs to know about safeguarding children. This course enables learners to develop awareness of key issues in child protection and what to do if they suspect a child or young person is being harmed.

### Learning Outcomes

- Know about child abuse, child protection and safeguarding children
- Know what to do if they suspect a child is being harmed
- Understand how to work with other agencies

### Essential for

Whole workforce

**Learning Hours 10**

## Safeguarding and Child Protection Skills

This course enables learners to understand child protection and what to do if they suspect a child or young person is being harmed. It helps them to reflect on their own role in safeguarding children, and to understand how to work with other agencies.

### Learning Outcomes

- Recognise signs and indicators that a child or young person may be being abused
- Know how children are protected from abuse
- Understand their own role in working together to safeguard children
- Understand how to work with other agencies

### Useful for

Whole workforce

### Essential for

Anyone who has, or may have, a direct role in protecting children

**Learning Hours 20**

# 03 Therapeutic Care

Every child that is placed into the social care system will have been subjected to some form of neglect, trauma or possibly abuse. Every child will be suffering from some form of attachment disorder which can be challenging to address. These courses will help arm carers with the vital skills to ensure that every child feels safe, looked after and cared for so they are able to heal and develop.



# 03 Therapeutic Care

## Healing Environments

Vulnerable and traumatised children and young people are powerfully affected by environmental stimuli. This course enables learners to understand the interaction between human beings and the physical environment, and to develop the knowledge and skills they need to create within their own setting surroundings that promote recovery from trauma.

### Learning Outcomes

- Understand the impact of the environment on recovery from trauma
- Understand the soothing and stimulating effects of different aspects of the environment
- Know how changing the environment can help children and young people to manage their behaviour more effectively

### Useful for

Whole workforce

**Learning Hours 10**

## Life Story Work

The overall goal of Life Story Work is to help people to piece together a complete narrative of their lives. This includes their life history and information about relatives, friends, carers, places lived and key life events as well as personal achievements. Life Story Work may also help people to plan for their future as a result of understanding their past and the effect that it has had on them.

### Learning Outcomes

- Understand the definition of, and theory supporting Life Story Work
- Understand the potential benefits of Life Story Work
- Know how to use a range of approaches to Life Story Work
- Be able to assess which children will benefit from Life Story Work and which would benefit from other types of intervention
- Be able to use Life Story Work in adult social care contexts

### Essential for

Whole workforce

**Learning Hours 10**

# 03 Therapeutic Care

## Play Therapy

Play therapy helps children understand and clarify disturbing or frightening feelings and upsetting events that they haven't had the opportunity to sort out for themselves in their minds. This course enables learners to understand how they can support children and young people to reduce a more general difficulty such as anxiety or aggression or to work through something specific such as changed behaviour due to a bereavement or traumatic experience.

### Learning Outcomes

- Understand what is play therapy and the different play therapy models
- Understand life events and behaviour where play therapy may be offered
- How play therapy can be used in professional settings
- Be aware of good practice in play therapy, practice guidelines, standards and core competencies

### Essential for

Whole workforce

Learning Hours **10**

## Positive Parenting Techniques for Parents and Carers

Building positive, encouraging and supportive relationships and ensuring productive connections between children and the adults around them is essential for adaptive behaviour, full potential and learning to take place. This course provides information and techniques for parenting to support this.

### Learning Outcomes

- Know what is positive parenting
- Understand the socio-psychological challenges of being a child in today's world
- Understand positive discipline and how to manage challenging behaviour
- Understand positive parenting techniques for the teenage years
- Know about child development - from toddlers to teenagers

### Essential for

Foster carers, adopters

Learning Hours **10**

# 03 Therapeutic Care

## Resilience and Recovery

Resilience helps recovery from trauma. Yet any child or young person, however resilient, can be traumatised, acquiring brain injury as a result of unregulated stress. Once traumatised, even resilient children become vulnerable. This course shows how resilience is linked to recovery from trauma, and how adults can help children and young people to develop resilience.

### Learning Outcomes

- Understand how resilience contributes to recovery from trauma
- Know how to help traumatised children and young people to develop resilience and self-esteem

### Essential for

Whole workforce

Learning Hours **10**

## Therapeutic Care and Social Pedagogy

Social pedagogy is an approach to learning and development that has a humanist and holistic foundation. This course will show the learner how to enable a therapeutic setting to work towards an ideal of social pedagogy.

### Learning Outcomes

- Understand the principles underpinning social pedagogy and develop a setting based on the key aims
- Plan strategies, policies and procedures to enable a therapeutic setting
- Managing risk appropriately

### Useful for

Whole workforce

### Essential for

Teachers, teaching assistants, social workers, foster carers, residential workers, early years practitioners

Learning Hours **10**

# 03 Therapeutic Care

## Transitions and Vulnerability

Resilient children grow stronger through every transition in life. Vulnerable children and young people, however, can find transitions painful or even traumatic. This course provides learners with understanding and tools to enable children and young people to build resilience and make successful transitions.

### Learning Outcomes

- Understand transitions in the lives of children and young people and the range of responses to them
- Know how to promote positive transitions competencies

**Essential for**  
Whole workforce

**Learning Hours 10**

“ **I have submitted both of my AC Education courses. They were very interesting and I have been applying them at my current post and seeing the benefits, also advising others with some of the skills learned. Lots of good feedback.** ”  
Training Co-Ordinator, Hillcrest

# 04 Supporting Adolescence

The modern world that we live in presents children and in particular teenagers with access to many adult themes. The media, internet and social media can be responsible for bringing these themes to the forefront and those working with young people need to be equipped with the knowledge and skills to work through the issues that may arise and support the teenagers within their care through the emotional and physical changes they are experiencing.



# 04 Supporting Adolescence

## Drug Awareness for Parents and Carers

We are influenced by many things in our lives including our own family and friends, the environment we live in, our experiences of growing up in our schools and communities as well as different types of media. Young people can be influenced into trying legal and illegal substances. This course will enable parents and carers to learn about drugs and the impact that they can have on children and young people.

### Learning Outcomes

- Understand what drug and substance use and misuse is
- Understand the legislation in relation to drugs and their use and possession
- Know what a number of drugs look like and understand the effects they have on a person
- Understand your own role and responsibilities with regard to a young person's drug use

### Useful for

Whole workforce

**Learning Hours 10**

## Internet Pornography and its effect on Young People

The internet holds sexual risks for young people from possible predators, peers and the accidental discovery of traumatic pornographic material. Reports state that the effects of exposure to pornography display a correlation between exposure to sadistic and violent pornographic images and behaviour and attitudes. This course is essential for those working with children and young people to enable them to be proactive in their awareness of the risks and responsibilities, as well as the benefits of using the internet.

### Learning Outcomes

- Understand how accessible and available pornography is on the internet?
- Understand the socio-psychological development of ideas about sex, the body, gender and sexual relationships and the effect pornography has on these
- Understand addiction - isolation, escalation and the working through of unconscious fantasy or real life abuse memories
- Know about treatment options for pornography addiction

### Essential for

Whole workforce

**Learning Hours 10**

# 04 Supporting Adolescence

## Making Sense of Adolescence

Working with adolescents can be challenging. This course enables learners to understand the challenges of being an adolescent in the twenty-first century, the particular challenges facing vulnerable children in adolescence, and how to work effectively with young people as they face these challenges.

### Learning Outcomes

- Understand what it means to be an adolescent in the modern world
- Be aware of skills needed to work effectively with adolescents

### Useful for

Teachers, teaching assistants, social workers, foster carers, residential workers, youth workers, Connexions workers

**Learning Hours 10**

## Teenage Challenging Behaviour

The teenage years are developmentally and socially turbulent even within the most secure of backgrounds. In our society, which is becoming increasingly more complicated in terms of roles, social norms, relationships and identity, it can be tremendously difficult for a young person to find a place in the world. This course allows learners an insight into modern teens and provides tools for communicating with them, managing their behaviour and keeping them safe.

### Learning Outcomes

- Know normal teenage development
- Be aware of teenage behaviour and trends
- Understand gangs, delinquency, conduct disorder and drugs
- Know about depression, withdrawal, anxiety and self-harm
- Understand eating disorders
- Understand emotional literacy and healthy activity
- Know how to keep teenagers safe

### Essential for

Teachers, Teaching Assistants, Foster Carers, Social Workers, Youth Workers, Residential Workers

**Learning Hours 20**

# 04 Supporting Adolescence

## Vulnerable Children having Vulnerable Children

Teenage pregnancy is defined as pregnancy before the age of 20. This course focuses on understanding that many teenage parents are known to the social care system themselves and as a result both them their unborn child will require additional support to overcome difficulties.

### Learning Outcomes

- To know how to recognise children at risk of early sexual activity, STDs and pregnancy
- To understand the impact of early parenthood on young people
- To understand the impact of vulnerable young parents on the attachment process and appropriate care of a child
- To know how to support vulnerable young parents in creating greater stability in their and their children's lives
- To be able to work with other agencies to provide appropriate support

### Essential for

Social workers, foster carers, residential workers, early years workers, youth workers

**Learning Hours 10**

## Youth Justice System

Youth Justice is for young people who have broken the law. It attempts to give them an opportunity to change their lives for the better. This course explains the procedures that are followed within the Youth Justice System, risk factors and ways to support young people to help prevent re-offending.

### Learning Outcomes

- To know the key agencies, roles and responsibilities
- To recognise the factors that put young people at risk of offending
- To understand the concept of 'The Revolving Door'
- To be able to access evidence-based resources to provide appropriate support
- To undertake risk assessment appropriate to your role

### Essential for

Whole workforce

**Learning Hours 10**

# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

These courses provide great knowledge and practice development for anyone working with this most vulnerable group of children and young people.

Foster carers, residential workers, support workers, social workers, teachers and anyone else who finds themselves working with looked-after children will benefit from the knowledge and practice wisdom these courses bring to life.



# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

## Caring for the Carers

In 2010 there were estimated to be around 6 million informal carers in the UK with around 1.4 million people providing unpaid care for more than 50 hours per week. Carers UK estimated in 2011 that informal carers save the taxpayer over £119 billion per year and that without them the formal care system would be at risk of total collapse. This course will help you recognise the needs of carers and how they can be best supported.

### Learning Outcomes

- Recognise informal carers in our society
- Understand the importance of ongoing support and education
- Know how to support the needs of foster carers
- How to offer carer to carer support
- Understand caring for people with disabilities
- Understand the effects of bereavement and adjusting to life following the end of a caring role

**Essential for**  
Whole workforce

**Learning Hours 10**

## Fostering Asylum Seeking and Refugee Children

Home Office figures show that there are more than 5000 unaccompanied asylum seeking children in the UK. Lone asylum seeking children are more likely to have experienced higher exposure to war combat, trauma and torture than those who arrived in the country with adults responsible for them. The difficulties ensuing from years of fleeing their home communities because of war, persecution or organised violence are multifaceted and complex. This course explains these issues and provides some examples how carers can help support these children and young people.

### Learning Outcomes

- Understand relevant legislation and guidance to asylum seeking and refugee children including trafficking
- Understand where the children come from and what brings them to the UK
- Understand post-traumatic stress, broken attachments and the effect of this on the child's development and behaviour
- Know how to help them live with and begin to recover from their experiences
- Know about extra skills and support needed by the foster carers and useful organisations to approach

**Essential for**  
Whole workforce  
**Learning Hours 10**

# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

## Fostering Skills

All foster carers are required to complete the 'Training Support and Development Standards within 12-18 months of being approved as foster carers. They have been designed by the Department for Education in order to raise the profile of foster carers as valued and skilled professionals and to improve the quality of care for children and young people in an area that is becoming increasingly diverse and complex.

### Learning Outcomes

- Understand the role of the Foster Carer
- Know the Training, Support and Development Standards for Foster Carers
- Understand children in Foster Care
- Understand contact and transitions
- Understand working as part of a multi-disciplinary team
- Know the importance of identity and maximising life chances

**Essential for**  
Foster carers

**Learning Hours 15**

## National Minimum Standards for Residential Workers

Revised regulations, guidance and National Minimum Standards (NMS) set out how residential workers are expected to fulfil their responsibilities. The statutory framework has been revised and streamlined so that it is consistent with wider revisions to the legal framework governing care planning for looked after children. This course will explain to learners the National Minimum Standards and their purpose in ensuring quality of care.

### Learning Outcomes

- Understand the Care Standards Act and what it set out to achieve
- Understand the Health and Social Care Act 2008 and The Care Quality Commission
- Understand the National Minimum Standards and the Essential Standards and their purpose in ensuring quality of care
- Know about specific legislation and guidance in relation to those with disabilities
- Understand the roles and responsibilities of those implementing, inspecting and ensuring that standards are being met

**Essential for**  
Whole workforce

**Learning Hours 10**

# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

## Promoting Positive Contact

Contact between looked after children and young people and their families can be a particularly challenging area of work. This course enables learners to understand the complexity of the issues involved in planning and managing contact, and to develop knowledge and skills to play their part with confidence.

### Learning Outcomes

- Know about contact between looked after children and their families
- Know how to manage contact

### Essential for

Foster carers, residential workers, social workers, leaving care teams

Learning Hours **10**

## Record Keeping in Foster Care

Everyone who works with children and young people must know how to keep and share information. In foster care this can involve unique challenges. This course enables learners to understand the principles that underpin good record keeping, and how to apply rules of confidentiality within their own work.

### Learning Outcomes

- Know about record keeping and record maintenance in foster care
- Know how to record and keep records

**Useful for**  
Social workers

**Essential for**  
Foster carers

Learning Hours **10**

# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

## Children and Young People who run away from Social Care

The definition of 'runaway' used by the Government in its Guidance in line with the statutory safeguards of the 1989 Children Act is that " 'young runaway' and 'missing' refers to children and young people up to the age of 18 who have run away from home or care placements, have been forced to leave or whose whereabouts is unknown". This course will enable you to understand why young people run away from Social Care Services and the difficulties they may face once they have left the Social Care Setting

### Learning Outcomes

- Understand why do children and young people run away from Social Care Services?
- Know the demographics, facts and figures
- Understand the specific difficulties faced by young people in care
- Be aware of the risks to children and young people who are social care runaways
- Understand the mental health and self-harm risks
- Be aware of child trafficking
- Be aware of early intervention and refuges for young runaways

### Essential for

social workers, foster carers, residential workers, support workers

Learning Hours **10**

## Safer Foster Care

There are risks associated with caring for traumatised children and young people. The children are, by definition, vulnerable and therefore at risk, but there are also risks to others including carers, staff and other children. This course enables learners to understand the nature of risk and to develop knowledge and confidence to assess and manage the risks that are an inevitable part of foster care.

### Learning Outcomes

- Understand that safer caring is about assessing and managing risk
- Know how to assess and manage risks to the child
- Know how to assess and manage risks to the foster family

### Essential for

Foster carers, social workers, workforce

Learning Hours **20**



# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

## Supervising Foster Care

As understanding of the needs of traumatised children has grown foster care has been changing rapidly. This course enables learners to understand these changes, and to develop the knowledge and skills needed to supervise therapeutic families effectively. It also addresses the need to assess learning as part of effective supervision.

### Learning Outcomes

- Understand what is involved in supervising therapeutic family life
- Know how to promote and assess learning and professional development in foster carers

**Essential for**  
Supervising social workers

**Learning Hours 20**

## Supporting Young People Leaving Care

The teenage years are developmentally and socially turbulent even within the most secure of backgrounds. In our society which is becoming increasingly more complicated in terms of roles, social norms, relationships and identity (including those online) it can be tremendously difficult for a young person to find a place in the world. Many young people who have lived in different care settings with attachment breaks in their history will find it hard to trust and attach to adults in new situations such as the work place. This course will ensure that you know what support is available to young people leaving care and how best to ensure a seamless transition.

### Learning Outcomes

- Understand the psychosocial needs of teenagers and the complex issues of young people leaving care
- Understand the New Care Leaver Strategy and other relevant legislation
- Be aware of benefit entitlements and crisis payments
- Understand the reality and risks
- Be informed of help-lines and useful information

**Essential for**  
Whole Workforce

**Learning Hours 10**

# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

## Systemic Approach

Systemic practice has its roots in 'systems theory' which is the study of the complex systems present in nature, science and society. Systemic practice highlights the notion that the emotional health of the individual as well as the group is dependent upon the quality of communication and relationships between members. Finding ways to collaborate productively in times of stress, misunderstanding and emotional pain creates individual as well as group resilience and co-operation. This course will enable you to understand what Systemic Approach is and how it can be incorporated within Foster Care.

### Learning Outcomes

- Understand what is the systemic approach
- The fostering 'system' and how the systemic approach can be observed within it.
- The use of the systemic approach in assessing foster carers
- How to make use of the systemic approach in fostering
- Understand the systemic approach in practice'

**Essential for**  
Whole Workforce

**Learning Hours 10**

## The Role of the Foster Carer

Working with children and young people means being part of a complex structure. It is essential that everyone within the workforce understands their own role and can set it within the context of their organisation and the workforce as a whole. This course enables learners to develop the knowledge and skills they need to take on their role with confidence

### Learning Outcomes

- Understand the role of the foster carer
- Know about legislation, policies and procedures
- Understand the importance of working as part of the foster care team
- Understand the processes for complaints and compliments

**Useful for**  
Support workers

**Essential for**  
Foster carers

**Learning Hours 10**

# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

## The Role of the Panel Member in Fostering and Adoption

Although agencies make decisions about whether a family should be approved as an adopter or foster carer, they are guided in this by recommendations made by an adoption or fostering panel. Panels are made up of people with diverse and relevant experience of adoption or fostering. This course explores the role of the panel member, the legal frameworks and guidance on training, support and supervision.

### Learning Outcomes

- Understand the purpose and remit of the panel member in cases of fostering and adoption
- Understand the legislation, national minimum care standards and practice guidance that panel members should adhere to
- Understand the process, within adoption and fostering panels, that aims to identify successful adopters and foster parents
- Understand training, support and supervision of panel members.
- Know about recent and proposed changes to fostering and adoption panels.

### Essential for

Whole workforce

**Learning Hours 20**

## The Role of the Residential Worker

Working with children and young people means being part of a complex structure. It is essential that everyone within the workforce understands their own role and can set it within the context of their organisation and the workforce as a whole. This course enables learners to develop the knowledge and skills they need to take on their role with confidence.

### Learning Outcomes

- Understand the role of the residential worker know about legislation, policies and procedures
- Understand the importance of working as part of a team
- Understand the processes for complaints and compliments

### Essential for

Residential workers

**Learning Hours 10**

# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

## Understanding Adoption

Legally, adoption refers to an official transfer of parental rights from the biological parent to the adoptive parent via the court process. These rights are assumed in their entirety by the adoptive parents and include the responsibility for the health, welfare and wellbeing of the child by meeting physical, intellectual, emotional and financial needs. This course explains policies and procedures and provides detailed guidance of this journey.

### Learning Outcomes

- To develop a thorough understanding of the meaning of adoption from the perspectives of all involved
- An understanding of the adoption process and the role of adoption agencies, local authorities and panel members
- Knowledge of adoption legislation and the Prospective Adopter's Report (PAR) including 2013 updates.
- Information on what to expect, as a prospective adopter, of the assessment process.
- Information on support resources for adopters, birth parents and foster carers.

### Essential for

Whole Workforce

**Learning Hours 10**

## Working With Birth Parents within Fostering and Adoption

The subject of birth parents whose child has become a looked-after child or is being found another family by way of adoption is a complex and often difficult one - both for the birth parents and child as well as the professionals working with them. This course addresses this emotive subject and helps to support those involved.

### Learning Outcomes

- Know the procedures involved in the adoption process
- Be able to support the birth parents and adopting or fostering family in being able to achieve an open adoption
- Be able to support successful contact meetings and communication
- Be able to support the successful transition of looked after children back to their birth family

### Essential for

Foster carers, adopters, residential workers, social workers

**Learning Hours 10**

# 05 Working with Looked After Children (Fostering, Residential Care & Adoption)

## Working with Travelling Families

The term traveller has become a catch-all phrase in referring to anyone who lives a nomadic or semi nomadic lifestyle. Whether it be in a caravan, gypsy caravan, bus, camper van or static caravan on a permanent 'site' - either run by the council or by a private landlord. It is essential to understand the culture and history of the different groups as well as their marginalisation in society, before we can look at best practice around trying to ensure that the children of traveller communities remain within the family, as well as around the safeguarding of children into local authority care if necessary.

### Learning Outcomes

- Understand the definition of the term 'traveller'
- Understand their culture and history
- Recognise their poor health care and education
- Understand the disengagement and mistrust of statutory services
- Understand the safeguarding and foster care of traveller children

**Essential for**  
Whole Workforce

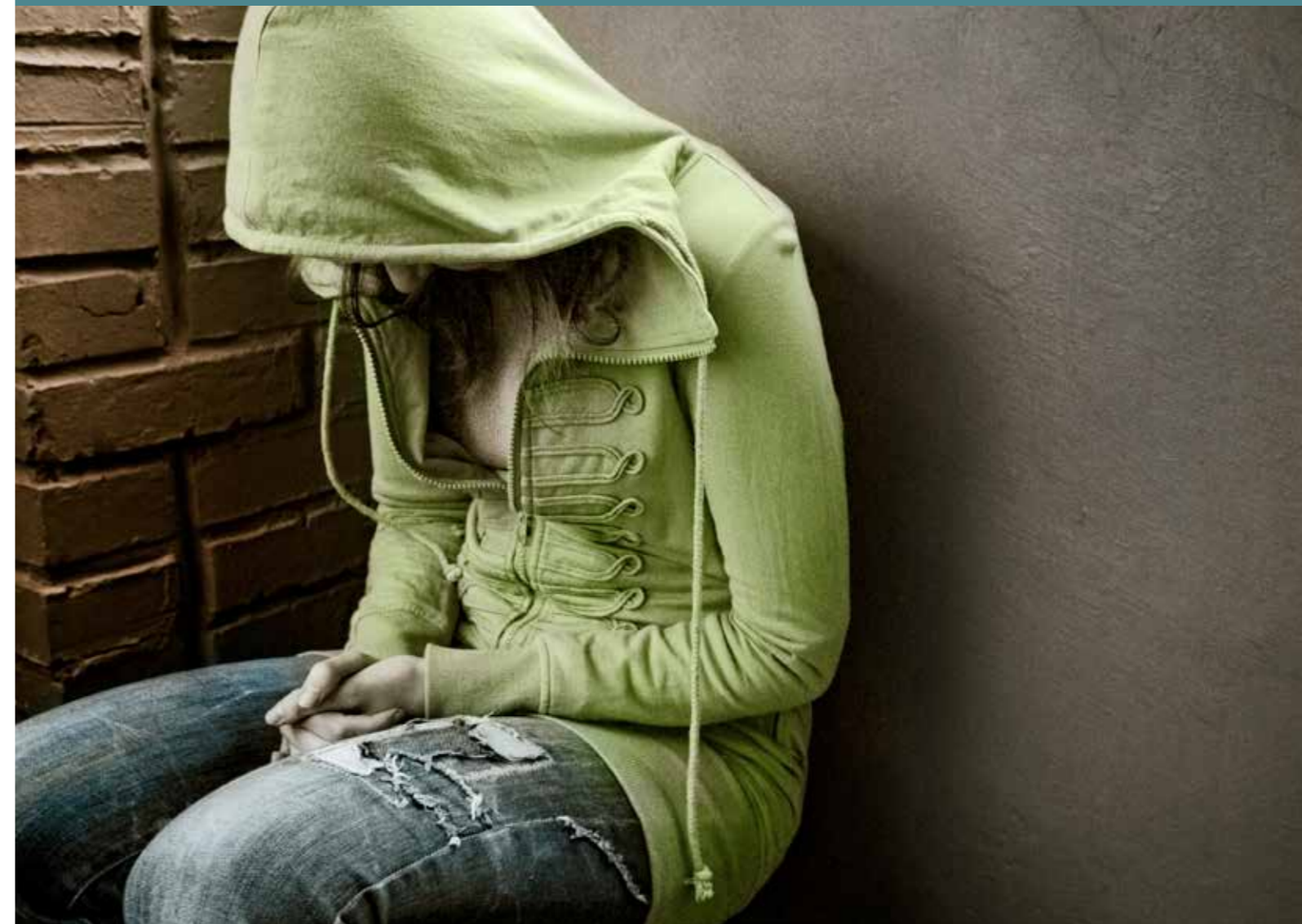
**Learning Hours 10**

**“ I enjoy the format you use, I find it very accessible. ”**  
Foster carer May'15

**“ I have taken lots and lots of e-courses through work and this is the best by far that I have accessed with much more relevant information and the test at the end being more thorough than is normal. I thoroughly enjoyed the course. Thanks. ”**  
Foster carer, Carmarthenshire

# 06 Understanding Trauma & Promoting Positive Behaviour

Understanding trauma is at the heart of working effectively with vulnerable children and young people. These courses enable learners to develop powerful strategies for working with challenging behaviour. By understanding trauma and its impact and by developing strategies to promote positive behaviour this training can transform the way learners work and improves outcomes for children.



# 06 Understanding Trauma & Promoting Positive Behaviour

## Bullying

Bullying can take many forms. All bullying damages self-esteem, causes trauma and leaves a lifelong legacy. This course enables learners to develop awareness of how and why bullying happens and how to support the bullied and the bully.

### Learning Outcomes

- Recognise the signs, causes and impact of bullying and know how to support someone who is being bullied
- Know the statutory responsibilities and be able to structure an approach to prevent and minimise bullying in schools and social care

### Useful for

Whole workforce

### Essential for

Teachers, teaching assistants, social workers, foster carers, residential workers, early years practitioners

**Learning Hours 10**

## Children and Domestic Abuse

Children and young people are traumatised by living with domestic abuse. This course enables learners to understand the key issues facing these children, and how to help them to develop resilience and become more able to grow towards healthy and positive adult life.

### Learning Outcomes

- Understand the impact of domestic violence on parenting abilities
- Understand the impact of domestic violence on children and young people
- Know how to help children exposed to domestic violence to recover from trauma and develop resilience

### Useful for

Teachers, teaching assistants, social workers, foster carers, residential workers, early years workers, youth workers

**Learning Hours 10**

# 06 Understanding Trauma & Promoting Positive Behaviour

## Children and Parental Mental Health Issues

When parents have mental health issues, children and young people often carry great burdens. They may be young carers, or they may have stressful or frightening experiences. This course explores the impact on children of living with these issues, and enables staff to work positively to support them.

### Learning Outcomes

- Understand the impact of mental health issues on parenting abilities
- Understand the impact of parental mental health issues on children and young people
- Know how to help children exposed to parental mental health issues to recover from trauma and develop resilience

### Useful for

Teachers, teaching assistants, social workers, foster carers, residential workers, early years workers, youth workers

**Learning Hours 10**

## Children and Parental Substance Misuse

Substance misuse among parents is a major issue for society, with a significant minority of children exposed to the consequences of this parental behaviour. This course enables learners to become aware of the scope of the problem, and to build strategies for effective work with the children and young people.

### Learning Outcomes

- Understand the impact of substance misuse on parenting abilities
- Understand the impact of parental substance misuse on children and young people
- Know how to help children and young people exposed to parental substance misuse to recover from trauma and develop resilience

### Useful for

Teachers, teaching assistants, social workers, foster carers, residential workers, early years workers, youth workers

**Learning Hours 10**

# 06 Understanding Trauma & Promoting Positive Behaviour

## Education and Trauma

A significant minority of children and young people live with acquired brain injuries as a result of traumatic experiences, leading to challenging behaviour. This course enables learners to understand the impact of childhood trauma on development and learning, and how they and the child's school can work effectively to support the education of traumatised children.

### Learning Outcomes

- Understand why traumatised children and young people may need help in order to achieve their educational potential
- Know how to promote the educational achievement of traumatised children and young people

### Useful for

Whole workforce

### Essential for

Teachers, teaching assistants, social workers, foster carers, residential workers, early years practitioners

**Learning Hours 10**

## Female Genital Mutilation

FGM, also known as female circumcision or female genital cutting, is defined by the World Health Organisation (WHO) as "all procedures involving partial or total removal of the external female genitalia or other injury to the female genital organs for non-medical reasons". This course enables learners to understand the issues surrounding FGM and the risk factors involved.

### Learning Outcomes

- To understand FGM and its physical and emotional impact.
- To recognise the risk factors of those likely to have FGM and be able to plan to protect them
- To know the key agencies, roles and responsibilities available to support you in tackling the risk and impact of FGM.
- To be part of a national effort to eradicate FGM in the UK.

### Useful for

Whole workforce

**Learning Hours 10**

# 06 Understanding Trauma & Promoting Positive Behaviour

## Impulsive Behaviour

The ability to self-regulate is impaired by trauma. When children and young people cannot regulate their impulses they develop a range of challenging behaviours. This course enables learners to understand and respond positively and effectively to the impulsive behaviour that can have such an impact on life at home, in school and in the community.

### Learning Outcomes

- Understand cause and effect in the behaviour of traumatised children and young people
- Know about techniques for responding to challenging situations
- Understand the importance of taking account of the experiences, preferences, wishes and needs of individual children and young people and their families to help them manage their behaviour

### Useful for

Whole workforce

**Learning Hours 10**

## Self-Harming Behaviours

Children and young people who harm themselves present a particular challenge to the children's workforce. This course enables learners to understand why young people develop maladaptive behaviours such as eating disorders, substance misuse and self-harm. It also enables them to learn how they can work more safely and effectively with these children and young people.

### Learning Outcomes

- Understand adaptive and maladaptive behaviours
- Know how to work effectively and safely with children and young people with eating disorders
- Know how to work effectively and safely with children and young people who self-harm
- Know how to work effectively and safely with children and young people who misuse substances

### Useful for

Teachers, teaching assistants, social workers, foster carers, residential workers

**Learning Hours 20**

# 06 Understanding Trauma & Promoting Positive Behaviour

## Sexual Development and Sexual Abuse

It is essential for everyone working with children and young people to understand the process of sexual development and the impact of child sexual abuse. This course explains how to work effectively to promote healthy sexual development and also enables learners to build the confidence and skill to manage issues around sexual abuse.

### Learning Outcomes

- Understand human sexual development and sexuality
- Understand how to promote positive sexual health and sexual identity
- Know about effective interventions in working with children and young people who have been sexually abused

### Useful for

Whole workforce

### Essential for

Teachers, teaching assistants, social workers, foster carers, residential workers, early years practitioners, youth workers

**Learning Hours 10**

## Sexual Exploitation and Child Trafficking

Child/Human Trafficking is one of the fastest growing crimes in the world. Many children who have been trafficked may be sexually abused as part of being controlled or because they are vulnerable. This course enables learners to gain knowledge and awareness of the issues that surround this topic and the impact that organised abuse has on children and young people

### Learning Outcomes

- To understand the scale of national and international trafficking
- To recognise the impact of organised abuse on children who have been exploited and trafficked
- To identify additional factors that compound vulnerability
- To understand the complexities of ensuring child protection, such as the likelihood of being 're-trafficked' after rescue
- To be able to work with other agencies to provide appropriate support and understand current legal and statutory requirements.

### Useful for

Whole workforce

**Learning Hours 10**

# 06 Understanding Trauma & Promoting Positive Behaviour

## Sexualised Behaviour

One of the consequences of sexual abuse can be that children and young people do not understand the boundaries of appropriate behaviour, and may behave in sexually inappropriate ways. This course enables learners to understand the origins of such behaviour, and how to help children and young people to develop socially acceptable ways of relating to others.

### Learning Outcomes

- Understand the developmental impairments and distortions that lead to sexualised behaviour
- Understand the impact of sexual abuse on children and young people and the adults who work with them
- Know how to work effectively and safely with children and young people with sexualised behaviour

### Useful for

Teachers, teaching assistants, social workers, foster carers, residential workers, early years workers, youth workers

**Learning Hours 10**

“

**'At Kids Company our staff, volunteers and students use AC Education courses to learn essential information about Child Protection and Safeguarding. This valuable training is extremely useful and helps us prepare for the vital work we do with vulnerable children and young people, ensuring that we can provide the best care possible in every situation.'**

Training co-ordinator, Kids Company

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# 07 Working in Health & Social Care

Individuals working in Health and Social Care need to ensure that their working environments are safe and adhere to relevant guidelines. The following courses explore the various aspects of this, provide a detailed working knowledge and ensure effective and safe practice.



# 07 Working in Health & Social Care

## Dementia and Cognitive Issues in Adult Social Care Settings

Dementia is a progressive disease affecting mainly people over 65 years of age, with approximately 800,000 people altogether in the UK living with the disease. Management of pain and other symptoms and provision of psychological, social and spiritual support is paramount." This course provides information, training and development to staff caring for people with dementia.

### Learning Outcomes

- Understand what is Dementia - different types of dementia, signs, symptoms and assessment
- Caring for someone with mild to moderate dementia in their own home
- Managing violence, aggression and severe agitation in people with dementia and cognitive issues

### Essential for

Whole workforce

**Learning Hours 10**

## Food Hygiene and Nutrition

The main reasons for food poisoning are ignorance, poor food management and bad hygiene practice. By developing food hygiene measures and increasing our knowledge of proper food handling the risk of food poisoning can be greatly reduced.

### Learning Outcomes

- Understanding the importance of food hygiene.
- Understand the contamination hazards and control.
- Understand the concept of nutrition and healthy eating.
- Understand the processes for complaints and compliments

### Useful for

Whole workforce

**Learning Hours 10**

# 07 Working in Health & Social Care

## Health and Safety in Social Care Settings and Schools

People who work or volunteer in health and social care settings or schools constitute a large and diverse sector of the workforce and they are invariably caring for those who are in some way vulnerable and are still learning about risk and how to keep themselves safe. In order to ensure that service users or school pupils are safe, it is essential for those working with them to be safe and healthy at work and within their practice and should receive ongoing and updated training to be able to ensure this.

### Learning Outcomes

- What is Health and Safety and why it is necessary
- Understand the importance of Risk Assessments
- Understand Health and Safety Legislation
- The Role of the Health and Safety Executive and Care Quality Commission
- Health and Safety Responsibilities

**Essential for**  
Whole workforce

**Learning Hours 10**

## Human Rights in Social Care

Human Rights exist to protect everyone from abuse of power, disrespect or neglect. Particularly where there are no other legal safeguards. This course will show the learner how human rights principles should be used within their own environments.

### Learning Outcomes

- Understand what is meant by human rights and the laws and conventions protecting them.
- Understand responsibilities of both public authorities and individuals regarding human rights.
- Understand Personalisation and how the rights of adults are protected within national standards.

**Useful for**  
Whole workforce

**Learning Hours 10**

# 07 Working in Health & Social Care

## Infection Control

There are many reasons to enforce strict regulations concerning the spread of infection. Legal responsibility, duty of care to patients/ service users, avoiding suffering and reducing cost to the public purse, are some of them. This online course will increase learner's knowledge of infection risks in the healthcare settings and help you develop skills in minimising these risks

### Learning Outcomes

- Understand infection, modes of transmission and implications to the healthcare setting
- Understand the general principles of infection control
- Understand personal healthcare and hygiene procedures
- Know the legislation affecting infection control

### Essential for

All staff working in a health care setting, residential workers, domiciliary workers, foster carers, early years practitioners, teachers and teaching staff

**Learning Hours 10**

## Safe Use of Medication

Medicine is a substance or combination of substances presented to treat or prevent disease. Medicines also have the potential to be dangerous if not used correctly. In this course, the learner will gain an understanding of the main principles of safe handling of medicine and minimise risk.

### Learning Outcomes

- Understand medication, including the different types and classification
- Understand procedures for the supply, storage and disposal of medication
- Understand the process of administering medication

### Essential for

All staff working in a health care setting, residential workers, domiciliary workers, foster carers, early years practitioners, teachers and teaching staff

**Learning Hours 10**



# 07 Working in Health & Social Care

## Safeguarding of Vulnerable Adults

A vulnerable adult is someone aged 18 or over who receives or may need health and/or social care support because of illness, age or disability and who is or may be unable to take care of themselves or protect themselves against significant harm or exploitation. Such adults are therefore at greater risk of abuse.

This course enables learners to develop an awareness of key issues and procedures relating to adult abuse

### Learning Outcomes

- Understand the term 'vulnerable adult' and what kind of abuse might they be at risk from
- Know how to recognise potential abuse and neglect
- Be aware of current safeguarding legislation and guidance
- Understand principles and remit within statutory and independent services- a multi-agency approach
- Know what to do if you suspect someone you know is being abused

### Essential for

Anyone working within adult social care

**Learning Hours 10**

## Understanding Social Care Legislation

Safe practice within Social Care is very important to ensure the dignity, freedom and respect of service users. Legislation that underpins the work of professionals working with children, young people, adults and their families is crucial to how that work is delivered. This course provides you with an overview of all relevant Social Care legislation

### Learning Outcomes

- Understand Care Standards Act 2000
- Understand Health and Social Care Act 2012
- Understand the Role of the Quality Care Commission and its role in ensuring compliance to the National Minimum Standards
- Understand other relevant legislation
- Understand the importance of safeguarding vulnerable children and adults

### Useful for

Anyone working within social care

**Learning Hours 10**

# 08 Working with Disabilities and Special Educational Needs

There are a wide range of disabilities and special educational needs that have an impact on children and young people's lives. These courses provide those working with children and young people with disabilities and special educational needs the vital knowledge, skills and support needed.



# 08 Working with Disabilities and Special Educational Needs

## ADHD and Conduct Disorders

Attention Deficit Hyper-activity Disorder is a complex neurobiological condition that has been increasingly diagnosed in young children in Western cultures over the last decade. ADHD is the most common child mental health disorder in Europe and the US affecting between 3% and 10% of primary school children and possibly as much as 30% of looked after children. Conduct disorder refers to a group of behavioural and emotional difficulties in children and young people. This course will help you to recognise symptoms and formulate strategies, treatment options and prognosis.

### Learning Outcomes

- Symptoms, diagnosis, possible causes and prevalence of ADHD
- Find strategies, treatment options and prognosis
- Understand the impact of social and environmental factors
- Recognise conduct disorders - presentation, diagnosis and gender balance
- Understand the additional difficulties

**Essential for**  
Whole workforce

**Learning Hours 10**

## Autism

Approximately 1 in 100 children are on the Autistic Spectrum. Each child will have specific support needs to assist in their social, emotional and educational development. This course enables the learner to gain knowledge and skills that will prepare them for a role supporting a child on the Autistic Spectrum or with Asperger's Syndrome.

### Learning Outcomes

- Understand what Autistic Spectrum Disorder is and the characteristics of Autism
- Understand specific communication issues that children and young people with Autism may have
- Know what Asperger's Syndrome is and how it differs from Autism

**Essential for**  
Foster carers, residential workers, social workers, teachers, teaching assistants and early years practitioners

**Learning Hours 10**

# 08 Working with Disabilities and Special Educational Needs

## Foetal Alcohol Spectrum Disorder

Foetal Alcohol Spectrum Disorders (FASD) are a set of entirely preventable mental and physical birth defects caused by maternal alcohol consumption. This damage is manifested in physiological, learning and behavioural disabilities in the individual. This course enables learners to understand what FASD is, the physical and cognitive features of the disorder and the impact that it can have on children and families.

### Learning Outcomes

- Understand what FASD is
- Understand Diagnosis
- Understand strategies that can be employed
- Understand what plans are needed for the future

**Essential for**  
Whole workforce

**Learning Hours 20**

## Physical and Learning Disabilities

A disability may be generally defined as a condition which can restrict the way a person learns, their mobility or sensory function. Disabilities affect different people in different ways. This course explores a variety of physical, learning and sensory disabilities. The key treatments and techniques available to support children and young people with disabilities

### Learning Outcomes

- Understand the Medical and Social Models of disability and how these provide different approaches to dealing with disability
- Understand the causes, types and symptoms of a variety of physical and learning disabilities and the nature and range of sensory disabilities
- Know the key treatments and support methods associated with these

**Essential for**  
Whole workforce

**Learning Hours 20**

# 08 Working with Disabilities and Special Educational Needs

## Understanding Dyslexia and Dyspraxia

Dyslexia and dyspraxia are examples of 'Specific Learning Difficulties'. These frequently overlap. In fact, both dyslexia and dyspraxia can often co-exist in the same person. This course will help learners to recognise the signs of dyslexia and dyspraxia as well as understand the interventions that can be used for support..

### Learning Outcomes

- Understand the terms 'Dyslexia', 'Dyspraxia' and 'Dyscalculia'
- Recognise the signs of Dyslexia, Dyspraxia and Dyscalculia in children
- Appreciate examples of success stories associated with individuals with Dyslexia and/or Dyspraxia
- To understand the concept of a 'Graduated Response to Need' in line with current statutory requirements

**Essential for**  
Whole workforce

**Learning Hours 10**

## Working with Disabled Children and Young People

Inclusive services require workers who understand the issues faced by disabled children and young people and their families. This course enables learners to address these issues and develop the basic knowledge and skills to work effectively with a diverse range of children and young people with disabilities

### Learning Outcomes

- Understand the social model of disability in relation to work with disabled children and young people
- Understand the inclusion needs of disabled children and young people

**Useful for**  
Whole workforce

**Essential for**  
Teachers, teaching assistants, social workers, foster carers, residential workers, early years practitioners

**Learning Hours 10**

# 09 The Care Certificate

## The Care Certificate

The Care Certificate is a set of standards that all health and social care workers must follow in the workplace. The AC Education course is designed to give people the best start to working within the adult care sector and to equip people with the knowledge, skills and behaviours that they need to become passionate carers who can deliver a high standard of care.

The Care Certificate is designed to be completed by those starting out in this sector although individual modules can be completed by more experienced carers to refresh their knowledge of a particular area. AC Education also provide more detailed courses in areas such as Dementia for those looking to expand their understanding further.

The AC Education course contains detailed material on each standard and a short quiz to confirm understanding. The Care Certificate workbook is completed by the member of staff over the duration of the course and then uploaded for the assessor to review. Once an individual has completed the course material, the quizzes and the assessor has confirmed that the workbooks provide sufficient evidence in conjunction with observations in practice the individual can obtain the Certificate.

### The standards which are covered by the Care Certificate are:

1. Understand Your Role
2. Your Personal Development
3. Duty of Care
4. Equality and Diversity
5. Work in a Person Centred Way
6. Communication
7. Privacy and Dignity
8. Fluids and Nutrition
9. Awareness of Mental Health, Dementia and Learning Disabilities
10. Safeguarding Adults
11. Safeguarding Children
12. Basic Life Support
13. Health and Safety
14. Handling Information
15. Infection Prevention and Control

## Also available from AC Education

### BTEC Qualifications

Our Pearson Edexcel accredited programme consists of our bespoke Level 3 Diploma in Advanced Skills in Foster Care and Level 4 qualification in Expert Practice in Working with Traumatized Children.

Our fully online programme allows learners to gain access to valuable skills and develop expertise within their field, whilst continuing their appropriate pathway for continuous personal development.

All learners have up to two years to complete their chosen course, working at their own pace whilst being fully supported by their dedicated expert tutor who provides guidance and assesses their written assignments.

Our Level 3 Diploma in Advanced Skills in Foster Care provides a comprehensive practice base for foster care, focusing on child development, issues of attachment and trauma, and team working.

Our Level 4 Qualification in Expert Practice in Working with Traumatized Children is a ground breaking multi-agency qualification for all professionals who work with traumatized children and young people.



**I feel that this learning will enable me make better decisions in my work and therefore improve outcomes for the child.**

Student on BTEC Level 4 'Expert Practice in work with Traumatized Children'

**I became a foster carer way back in 1994 and it never ceases to amaze me how the support for our children has improved dramatically – and that is because of the information you have provided for us as carers. I only have to refer to your data and see how helpful this is going to be in developing my future skills. Your training will always be with me as I come up against situations which may need more delicate handling.**

Student on BTEC Level 3 'Advanced Skills in Foster Care'

**My new found and in depth knowledge has increased my confidence as I understand not only what my role is but the importance of my role.**

Student on BTEC Level 4 'Expert Practice in work with Traumatized Children'

**Any queries I have had have been promptly responded to and my assessor was quick, organised and reliable which helped my progression and motivation.**

Student on BTEC Level 3 'Advanced Skills in Foster Care'



### Face to Face Training

AC Education delivers inspirational face-to-face training for those working with children and young people across the UK. Our events are a valuable opportunity to bring carers and professionals together to share experiences and best practice techniques.

Our informative and dynamic training days are aimed at foster carers, social workers, residential teams and designated teachers.

We are proud to offer a diverse range of courses within our Face to Face training programme. If we do not currently offer the course you require in our existing portfolio, we are happy to work with you to develop a course to meet your needs.

Our one day events are delivered by highly experienced trainers within their given field at a venue of your choice.



**The face to face trainer was very good, knowledgeable and skilled.**

NFA team manager

**Interesting and informative training day: good pace and very well delivered.**

NFA supervising social worker

**The trainer was a good facilitator with sound practical knowledge base.**

NFA regional manager

**The Challenging Teenagers face-to-face training, proved to be a wonderful experience for our foster carers and staff. The trainer was personable, gentle, responsive and a non-judgemental trainer who was able to engage us all with her interesting examples and put us all at ease. She ensured that we understood key theory that gave us insight into the young people that we foster and will therefore support us to adopt more appropriate ways of communicating and building relationships. Her depth of understanding and years of experience shone through throughout the day to make this a very valuable training experience for all participants.**

Education Consultant – Greater London Fostering – January 2015

**This event reaffirmed my role & purpose plus good tips to get the most out of supervision.**

NFA supervising social worker



# New courses in development

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Emotional Literacy

Emotional Experience  
of Eating

Court Skills

Staying Put

Caring for a Child of a  
Different Ethnicity

Fostering to Adopt

Radicalisation and  
Extremism of Vulnerable  
Children and Young People

Understanding Neglect  
and its Impact



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